



Reserve Your Spot Today!

📞 02 4606 4994

✉ reception@beyondnlpcoaching.com.au

🌐 beyondnlpcoaching.com.au

📍 Unit 50, 7-9 King Street
Campbelltown NSW 2560



Beyond NLP Coaching

SARAH CHEMAISSEM



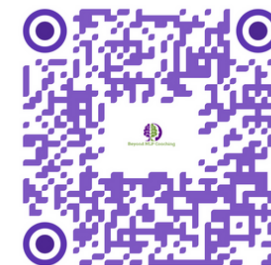
"Demand change inside of you so outside can grow."

As a certified Strategic Psychotherapist, Clinical Hypnotherapist, Time Line Therapy® Practitioner and Master NLP Practitioner, coupled with personal life experience, Sarah is acutely familiar with the need for professional insight that individuals require into their inner world. Passionate about working with people to live life to their full potential, Sarah brings a pragmatic approach, and utilises extensive knowledge in personal development, goal setting, change-making, and helping you find the key to all your questions.



Remodel Your Life

Women dedicated to creating a brighter future for themselves



Workshop

Take back control of your life. Reclaim, remould and remodel your future.

You are a woman who has a passionate desire to change your world, and to strive for self-improvement. You have had enough with the limitations you've created for yourself and are fully committed to creating dramatic changes in your world. You are hungry for growth and new beginnings. You are determined, with a powerful need to succeed.

This workshop is for YOU!

Unlock the mysteries of your past and discover how to modify your way of thinking and processing, to create the best version of yourself!

This will be a memorable experience to achieve BEYOND the limitations you have each set yourselves. Are you ready to feel empowered to take the next crucial steps in your life's journey?

For more information visit:
<https://beyondnlpcaching.com.au/workshops>

What is involved and what you will learn

- A new topic each week
- Explore your values - what are you missing out on and how can you attain it?
- Create behavioural patterns for success
- The brain map finally explained
- Worksheets and tasks
- Habits and how they are formed
- Group talks
- Introduction to Time Line Therapy®
- Food habits, nutrition, vitamins and the endocrine system
- Achievement recipes
- Understand the difference between your "needs" and "must haves"
- What it takes to have and build confidence
- Raising your standards to bring fulfilment and satisfaction back into your life
- Meditation and hypnosis during each session
- Learn to tap into your subconscious, finding resources within yourself that you never knew you possessed.
- You will receive live meditation recordings from each session to listen to at home

You may also be interested in



Unleash The Woman Within

This workshop focuses on empowering women by unlocking their inner strength and creativity. It emphasizes the importance of role models and innovative strategies to harness personal power positively, with a special focus on how happiness can drive remarkable outcomes in personal and professional spheres.



EmpowerHer Circle

A supportive community to navigate life's challenges together. Dedicated to enriching lives by providing guidance and fostering meaningful connections among women, creating a network of support and shared growth on their personal journeys.